

TRUST Policy	Intimate Care					
Church Eaton Procedure	Intimate Care- Changing Soiled clothing Procedures					
Approved by	LAC	Issue Date	Sept 23	Review Date	Sept 25	
Audience	Trustees		Staff	✓	Pupils	
	Local Academy Council		Parents	✓	General Public	
		✓			✓	✓



This appendix includes:

- amendments to the SUAT policy
- specific practices and/ or procedures that are used at Church Eaton Primary School
- additional information relevant to Church Eaton Primary School

### **Intimate Care/ Nappy Changing Procedures at Church Eaton – Including the Handling of Soiled/Wet Clothing**

Our Early Years setting is happy to change children’s nappies and do not ask parents/carers for their child to be toilet trained on joining the setting with the exception of entering the Reception class, or if a child has a medical issue.

Nappy changing and cleaning/changing a child who has soiled/wet their clothing takes place in accordance with the individual child’s needs and not in accordance to the early year’s routine.

All of the staff members have current Disclosure and Barring Service checks (DBS). Any new member of staff whom is awaiting their criminal records check will not be permitted to change a child’s nappy/clothing or be left alone with children at any time. In addition, volunteers or visitors to the setting will not be permitted to change a child’s nappy/soiled/wet clothing. However, students who attend the setting may need to change a nappy as part of their course curriculum. If this is the case, parents / carers will be asked to sign a permission form allowing a student to change their child’s nappy or provide intimate care under the supervision of a member of staff with a DBS check. To ensure the safety of children in the setting, the SLT understands that it is their responsibility to verify with the student’s college tutor that changing a nappy is a part of their course curriculum.

A ‘Parent Helper’ joining their child’s normal session is able to change their own child’s nappy/clothing in the toilet. It is the responsibility of staff to ensure the parent helper is informed at the beginning of the session that:

- they are not permitted to change other children’s nappies/clothing
- they cannot be left alone with other children to safeguard the child and the parent/carer

Before taking a child to change their nappy/ soiled/wet clothing, the staff member responsible will inform another member of staff. This is to ensure other staff members:

- do not worry if they have seen that a child is missing from the group
- are aware of where other members of staff are

An Intimate Care log is signed and dated by members of staff every time a child’s nappy is changed or if their clothing is soiled/wet, and intimate care is provided.

Children’s nappies will be changed either in the designated changing area or in the toilet cubicle. Staff members will ensure that the area is clean before changing a child’s nappy/soiled clothing/wet clothing. Children wanting to use the toilets are asked to wait until the nappy changing procedure or intimate care is completed to ensure privacy to the child being changed.

Parents/carers supply nappies, wipes, and cream for their child in a clearly named bag.

### **Procedure for Changing a Nappy**

The member of staff changing a nappy will follow the procedure stated below:

- Wash hands,
- Clean nappy changing mat using an anti-bacterial spray,
- Put on a disposable apron and pair of gloves (every nappy change).
- Use the child’s supplied nappies, wipes and cream. (Staff members need to inform parents / carers of extra nappies and wipes),
- Depending on child’s age, encourage them to take off their own clothing and lay on the mat,
- Take off the used nappy and place it in the nappy sack,
- Clean child’s bottom with wipes, ensuring they are clean. Place used wipes in the nappy sack,
- Once a child’s nappy has been changed, use an anti-bacterial spray to clean the nappy mat and wipe with paper towels.
- Dispose of used aprons, gloves, and paper towels in the bins provided.

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- Put nappies in the yellow bag provided for disposal of nappies.
- Wash their hands.
- Support children to wash their hands.
- Complete the nappy changing record.

### Changing Soiled/Wet Clothing

When changing a child's soiled/wet clothing, the member of staff will follow the following procedures:

- Collect the child's clean clothing or collect spare clothing from allocated areas
- Wash hands.
- Put on a disposable apron and pair of gloves (every change).
- Support the child when removing soiled/wet clothing, place it in the nappy sack, and clearly write child's name and contents of bag on a sticker.
- If possible, flush away stools caught inside a child's underwear and rinse underwear in the toilet.
- Clean child's bottom with wipes, ensuring they are clean.
- Place used wipes in a separate nappy sack and put in the yellow hazardous waste bin (located in the medical room) or in the nappy changing unit.
- Dispose of used aprons and gloves in the yellow bin located in the changing unit or medical room.
- Depending upon child's age and ability, help them to get dressed into clean clothing,
- Wash their hands.
- Support the child to wash their hands.
- Put the child's soiled/wet clothing to be put in their bag
- Complete the nappy changing/ Intimate care sheet.
- Inform parent/carer that child has been changed.